

Science Undergraduate Laboratory Internships (SULI) Application Assistance Workshop

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[Energy.gov/science](https://energy.gov/science)

Breakthroughs at the DOE National Laboratories

- **Advanced Supercomputing**-The world's fastest supercomputer, Frontier helped researchers simulate synthesizing a material harder and tougher than a diamond — or any other substance on Earth.
- **Put the Jolt in Volt**- Chevy's Volt would not be able to cruise on battery power were it not for the advanced cathode technology that emerged from a National Lab (specifically, Argonne National Lab).
- **Decoded DNA**-In 1990, the National Labs joined with the National Institutes of Health and other laboratories to kick off the Human Genome Project, an international collaboration to identify and map all the genes of the human genome.
- **Brought the web to the U.S.**-National Lab scientists, seeking to share particle physics information, were first to install a web server in North America, kick-starting the development of the worldwide web as we know it.
- **World's First Video Game**- Before there was Xbox and PlayStation, there was Tennis for Two, which may have been the first video game ever created, Brookhaven National Lab scientists built the pioneering system to entertain visitors to the Lab in 1958.
- **Launched the LED lighting revolution**-In the 1990s, scientists at a National Lab saw the need for energy-efficient solid-state lighting and worked with industry to develop white LEDs. Today, white LEDs are about 30 percent efficient, with the potential to reach 70 percent to 80 percent efficiency.
- **3D Printing Bigger and Better**-A large-scale additive manufacturing platform developed by a National Lab and an industry partner printed 3D components 10 times larger and 200 times faster than previous processes. So far, the system has produced a 3D-printed sports car, SUV, house, excavator and aviation components.
- **Discovered 22 elements** - To date the National Labs have discovered: technetium, promethium, astatine, neptunium, plutonium, americium, curium, berkelium, californium, einsteinium, fermium, mendelevium, nobelium, lawrencium, rutherfordium, dubnium, seaborgium, flerovium, moscovium, livermorium, tennessine and oganesson.
- **Noble Prizes**-There are 118 Nobel Laurates associated with U.S. Department of Energy. After receiving the Nobel Prize, 70% DOE scientists remain affiliated with the National Labs.

Additional breakthroughs are available at <https://www.energy.gov/downloads/75-breakthroughs-american-national-laboratories>.



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Office of Science Mission

Delivery of scientific discoveries and major scientific tools to:

- (1) Transform our understanding of nature and
- (2) Advance the energy, economic, and national security of the United States.



Nearly **29,000** Researchers Supported at
>300 Institutions and **17** DOE Labs



Steward **10** of the 17 DOE
National labs



Nearly **34,000** Users of **28** SC
Scientific Facilities



\$8.1B
(FY 23 enacted)

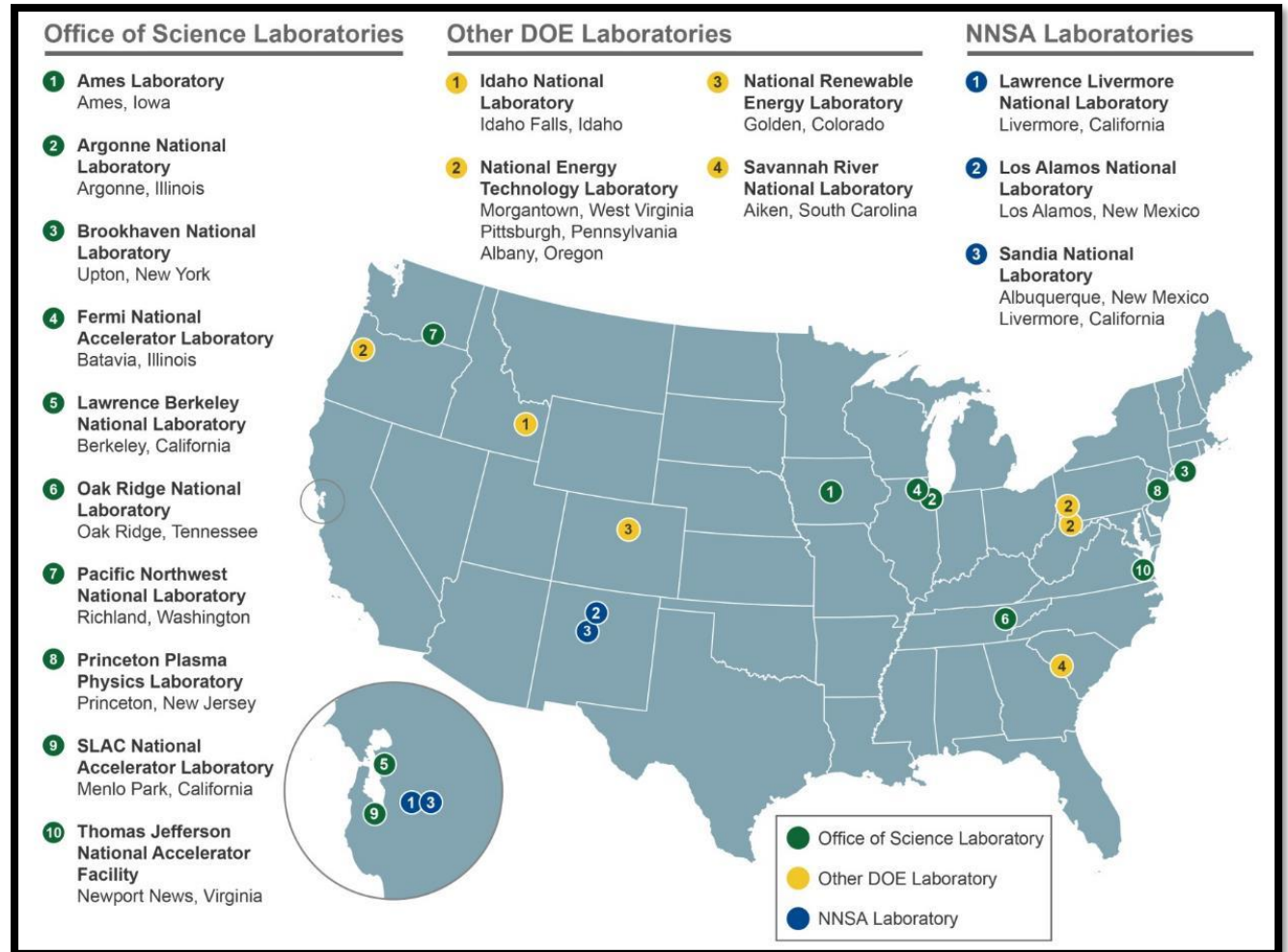


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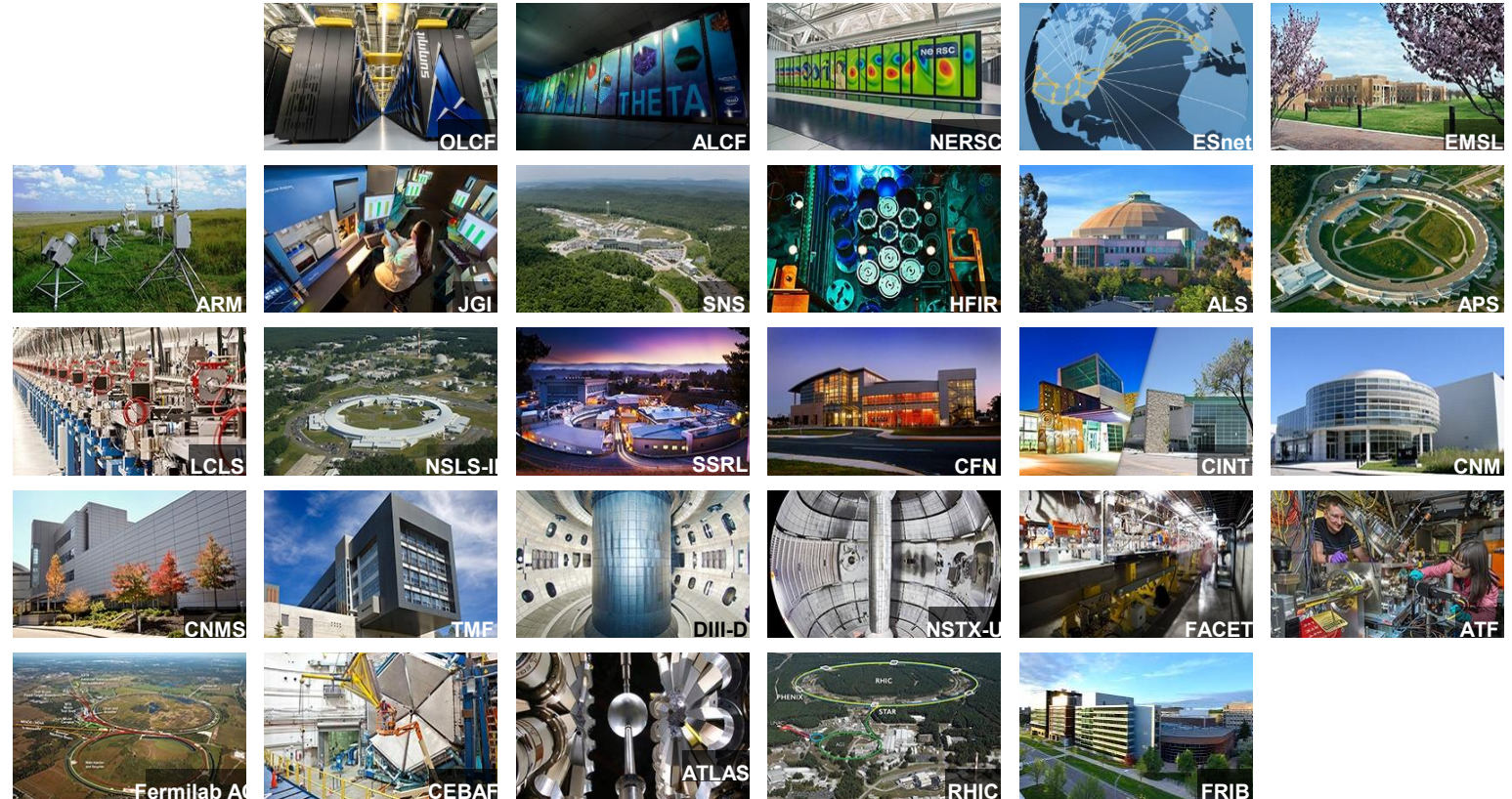
DOE National Laboratories

- Created as a home for large-scale, costly scientific facilities that universities cannot afford.
- The 17 DOE National Laboratories provide the Nation with strategic scientific and technological capabilities.
- The Office of Science stewards 10 DOE laboratories that provide essential support to the missions of the SC science programs.
- VFP is hosted on-site at the host DOE National Laboratory.



DOE Office of Science – Scientific User Facilities

- The DOE's Office of Science maintains and operates 28 user facilities at DOE national laboratories across the country.
- The user facilities include advanced supercomputers, particle accelerators, large x-ray light sources, neutron scattering sources, specialized facilities for nanoscience and genomics.
- The user facilities are shared resources available for faculty and students to use. Access is available on competitive basis using peer review.



The Office of Science Research Portfolio

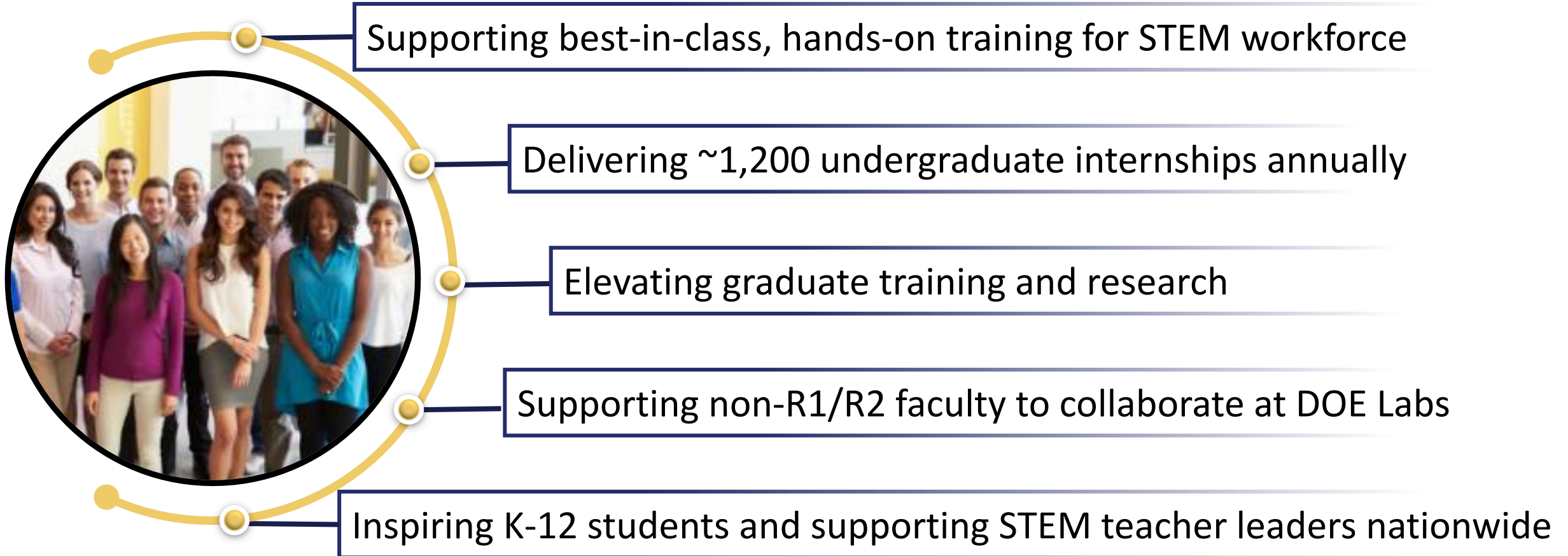
<https://science.osti.gov/Programs/>

Advanced Scientific Computing Research	• Delivering world leading computational and networking capabilities to extend the frontiers of science and technology
Basic Energy Sciences	• Understanding, predicting, and ultimately controlling matter and energy flow at the electronic, atomic, and molecular levels
Biological and Environmental Research	• Understanding complex biological, earth, and environmental systems
Fusion Energy Sciences	• Building the scientific foundations for a fusion energy source
High Energy Physics	• Understanding how the universe works at its most fundamental level
Nuclear Physics	• Discovering, exploring, and understanding all forms of nuclear matter
Isotope R&D and Production	• Supporting National Preparedness for isotope production and distribution during national crisis
Accelerator R&D and Production	• Supporting new technologies for use in SC's scientific facilities and in commercial products



WDTS Mission:

Sustaining a highly skilled STEM talent pool for a strong future DOE workforce



Science Undergraduate Laboratory Internships (SULI)



Prepare for STEM careers through authentic research experiences



Hands-on research, discovery learning, and professional development guided by mentors



Open to undergraduate students and recent graduates; Stipend of \$650/week + round trip travel to host laboratory + lodging allowance



Fall, Spring, Summer Terms

Learn more about the program and access the application by scanning 



Eligibility Requirements

- **Citizenship**-Must be a United States Citizen or Lawful Permanent Resident at the time of applying.
- **Age**-Must be 18 years or older at the time the internship begins.
- **Enrollment**-Must be currently enrolled as a full-time student at an accredited two-year or four-year college and completed at least one semester at the time of applying.
- **High School Diploma or GED**- Must have earned a high school diploma or General Educational Development (GED) equivalent at the time of applying.
- **Grade Point Average (GPA)**-Must have an undergraduate cumulative minimum Grade Point Average (GPA) of 3.0 on a 4.0 scale for all completed courses taken as a matriculated student at the applicant's current (or recently-graduated) institution and at any undergraduate institutions attended as a matriculated postsecondary student during the 5 years preceding the start of the current enrollment. *College courses completed during high school are not required to be reported.*
- **Coursework**-Must have completed at least 6 credit hours in science, mathematics, engineering, or technology course areas, and completed at least 12 credits hours towards a degree
- **Participation and Application Limit**-Applicants are limited to participation in SULI program to no more than two internships. Applicants can apply to the SULI program a maximum of four times.

Before you apply, verify you meet the “all” eligibility requirements.

Key Dates

SULI Internship Term: Summer 2026	
On-line Application Opens	October 23, 2025
Applications including recommendations due	January 7, 2026 5:00 PM EST
Offer Notification Period Begins on or around	February 4, 2026
All DOE Offers and Notifications Complete	On or around April 15, 2026

*****The Application System closes at 5:00 PM Eastern Time. Materials will not be accepted after the system has closed.**

Application Requirements

APPLY NOW

- All applications must be completed online through the [online application system](#). You will need to create an account to access the online application system.
- Only complete applications submitted by the deadline will be considered for evaluation and placement. As a reminder, letters of recommendations are a component of a completed application.
- The application system is compatible with smartphones. Completion of applications and letters of recommendation requires use of a computer and web browser.

Completed applications must be submitted by 5:00 p.m. EDT on January 7, 2026 through the online application system.

Navigating the Application

SULI
Science Undergraduate Laboratory Internships

U.S. DEPARTMENT of **ENERGY** | Office of Science

Instructions | 1 Complete Your Application | 2 Request Recommendations | 3 Verify & Submit | 4 Check Your Status

1 The SULI application will close in 55 days.

Instructions

To apply for SULI Summer 2026, complete these four steps before the **application deadline of 1/7/2026 5:00 PM Eastern Time**. If you submitted an application from a previous term, note that you can download copy from the Application History section of the [Status Page](#) to aid in the completion of your application for the current term.

- 1 Complete Your Application**
Provide all the required information in the application form. For assistance in selecting DOE Laboratories, please see the [Laboratory Selection Tool](#).
[Complete Your Application](#)
- 2 Request Recommendations**
Recommendations should be requested from individuals familiar with your academic achievements and professional accomplishments. College faculty members who teach science, technology, engineering, or mathematics courses are the best references, but you may also use former high school teachers, lab assistants, teaching assistants, or employers (especially if they work in a research or technical setting). Recommendations are not allowed from family members or friends of family members.
Make requests for recommendations as soon as possible, then verify that they have been received on the [status page](#).
NOTE: Applications can be submitted immediately after requests for recommendations have been made; recommendations DO NOT have to be received before applications can be submitted.
[Request Recommendations](#)
- 3 Verify & Submit**
Verify that all information is complete and correct, then [submit your application](#). After submittal, you will be able to un-submit and edit your application until the application deadline. If you un-submit, you must resubmit your application before the deadline to be considered. After the application deadline, you will only be able to update your contact information in the applicant profile, but you can remove yourself from consideration by selecting "Withdraw" on the [status page](#).
[Verify & Submit](#)
- 4 Check Your Status**
After your information has been submitted, you can [check your status](#) at any time.
[Check Your Status](#)

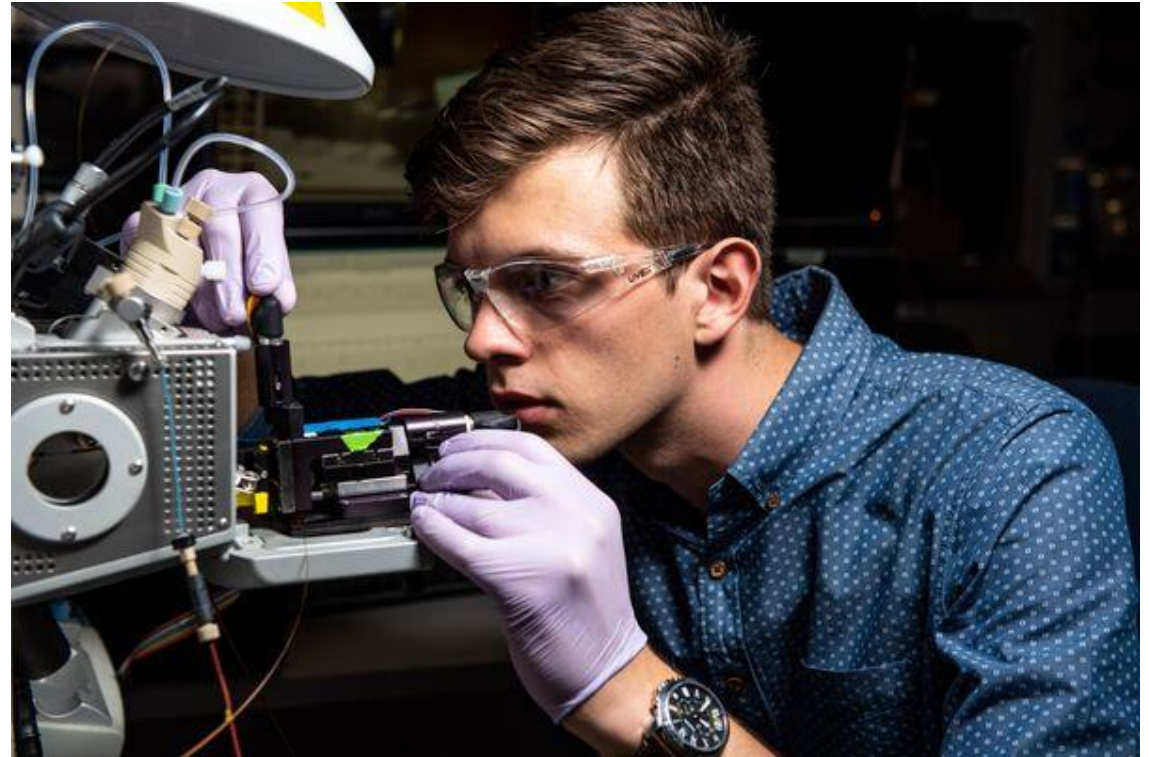
Application Portal:

<https://apps.ornl.gov/suli/Account/Login>



Components of the SULI Application Menu

- Applicant Profile
- Educational Background
- Work Experience and Skills
- Program Information
- Essays
- Letters of Recommendation



Applicant Profile



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Applicant Profile

 The SULI application will close in 48 days.

APPLICANT PROFILE

☒ General Information

☐ Address

☐ Citizenship / Languages / Eligibility

☐ Demographics

EDUCATIONAL BACKGROUND

☐ Academic Information

☐ Undergraduate Institutions

☐ STEM Courses

Applicant Profile

General Information

First Name

Preferred Name
Optional

Middle Name
Optional

Last Name

- Will you be 18 years or older by the start of the internship?  Response "No" **Not Eligible**
- Are you a U.S. citizen or U.S. permanent resident?  Response "No" **Not Eligible**
- What is your primary language?

Educational Background



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Educational Background

APPLICANT PROFILE	
☒	General Information
☐	Address
☐	Citizenship / Languages / Eligibility
☐	Demographics
EDUCATIONAL BACKGROUND	
☐	Academic Information
☐	Undergraduate Institutions
☐	STEM Courses
☐	Awards
☐	High School Graduation or GED
WORK EXPERIENCE & SKILLS	
☐	Work Experience
☐	Professional Associations
☐	Computer Skills
☐	Laboratory/Technical Skills
PROGRAM INFORMATION	
☐	Eligibility
☐	Previous DOE Internship/Fellowship Experience
☐	Availability
☐	DOE Laboratories and Research Areas
☐	Relatives Employed at DOE Laboratories
☐	Laboratory Outreach & Engagement Programs
ESSAYS	
☐	Research Experience
☐	Research Interests
☐	Personal Experience
☐	Professional Goals

Educational Background

Academic Information

Eligibility for the SULI program requires that all applicants:

- Must be currently enrolled full-time or have recently graduated with an undergraduate degree, as described for the two cases below.
 - Currently-enrolled students:**
 - The applicant must be currently enrolled as a full-time undergraduate student at an accredited institution (including accredited community colleges).
 - Applicants, including freshmen, must have earned at least 6 credits in postsecondary STEM courses and must have earned at least 12 credits in all completed postsecondary courses.
 - Applicants must have completed at least one full term of academic study with grades reported from the home institution at the time of application.
 - Advanced Placement credits or other undergraduate credits obtained prior to undergraduate enrollment cannot be applied to meet the minimum one-term completion requirement.
 - Full-time enrollment status is determined by the number of hours or courses the school requires for full-time attendance (as defined by the Internal Revenue Service).
 - Recent graduates**
 - Applicants who will have completed their undergraduate degree prior to starting their internship may apply as a "Recent Graduate." This includes students who have graduated with an associate's degree or bachelor's degree, those who have completed a combined BS/MS program, and those who have completed an undergraduate degree and are now enrolled in a graduate studies program. The time period between receipt of an undergraduate degree and starting the SULI term must be two years or less.
- Must have a cumulative minimum Grade Point Average (GPA) of 3.0 on a 4.0 scale for all completed courses taken as a matriculated student at the applicant's current (or recently-graduated) institution and at any institutions attended as a matriculated postsecondary student during the 5 years preceding the start of the most recent enrollment. (This does not include college or university courses taken while solely a high school student.)
- Must be 18 years or older at the time the internship begins.
- Must be a United States Citizen or Lawful Permanent Resident at the time of applying. Proof of U.S. Citizenship or Lawful Permanent Resident (LPR) status will be requested at the time an internship offer is accepted. Acceptable form of proof of U.S. Citizenship includes, but is not limited to, a Certified Birth Certificate, an U.S. State Government Issued Enhanced Driver's License, U.S. Passport, U.S. Passport Card, Naturalization Certificate, Certificate of Citizenship, Consular Report of Birth (of U.S. citizen) Abroad, or Certification of Birth. Lawful Permanent Residents must have a current United States Permanent Resident Card (USCIS Form I-551).
- Must have earned a high school diploma or General Education Development (GED) equivalent at the time of applying. Proof of an earned high school diploma or of passing all five GED tests required to achieve a Certificate of General Educational Development should be provided on the applicant's undergraduate transcripts.
 - The requirement for a high school diploma or GED is waived for students who are or were enrolled full-time in pursuit of an undergraduate degree through a dual-enrollment program offered by their high school and a college/university partner in the U.S. or its territories.

Additional Eligibility requirements:

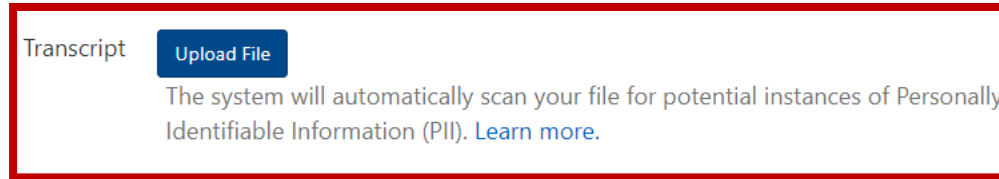
- Applicants may participate in SULI no more than twice.
- Applicants can apply to the SULI program a maximum of four times.

Are you currently attending a community college or 2-year college?

☐ Yes ☐ No

Educational Background: Submitting Transcripts

- Eligibility requires submission of the transcript from an applicant's current institution. This must be the most recent transcript available at the time of application. Recent is defined as the transcript printed or accessed no earlier than the opening date of the application or **October 23, 2025**.
- Upload a transcripts in Pdf format = your current transcript + transcripts from each postsecondary institution enrolled within the last 5 years of most recent enrollment.

A screenshot of a web interface for uploading transcripts. It features a label 'Transcript' on the left, a blue 'Upload File' button in the center, and a message below the button stating: 'The system will automatically scan your file for potential instances of Personally Identifiable Information (PII). [Learn more.](#)' The entire interface is enclosed in a red rectangular border.

Transcript [Upload File](#)

The system will automatically scan your file for potential instances of Personally Identifiable Information (PII). [Learn more.](#)

- **Redact personal identifiable information (PII) such as full date of birth and social security number.**
- Ensure the transcript includes the applicant's name, institution name, and course names and grades and cumulative GPA.
- Unofficial transcripts are acceptable for submission to the application system if they contain applicant's name, institution name, and course names and grades, and cumulative GPA. Otherwise, the applicant must upload an official transcript.
- Watch this [video](#) to assist with transcript uploads.

Work Experience



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[Energy.gov/science](https://energy.gov/science)

Work Experience and Skills: Work Experience

APPLICANT PROFILE

☒ General Information

☐ Address

☐ Citizenship / Languages / Eligibility

☐ Demographics

EDUCATIONAL BACKGROUND

☐ Academic Information

☐ Undergraduate Institutions

☐ STEM Courses

☐ Awards

☒ High School Graduation or GED

WORK EXPERIENCE & SKILLS

☐ Work Experience

☐ Professional Associations

☐ Computer Skills

☐ Laboratory/Technical Skills

Work Experience & Skills

Work Experience

Please provide information about your relevant work experience.

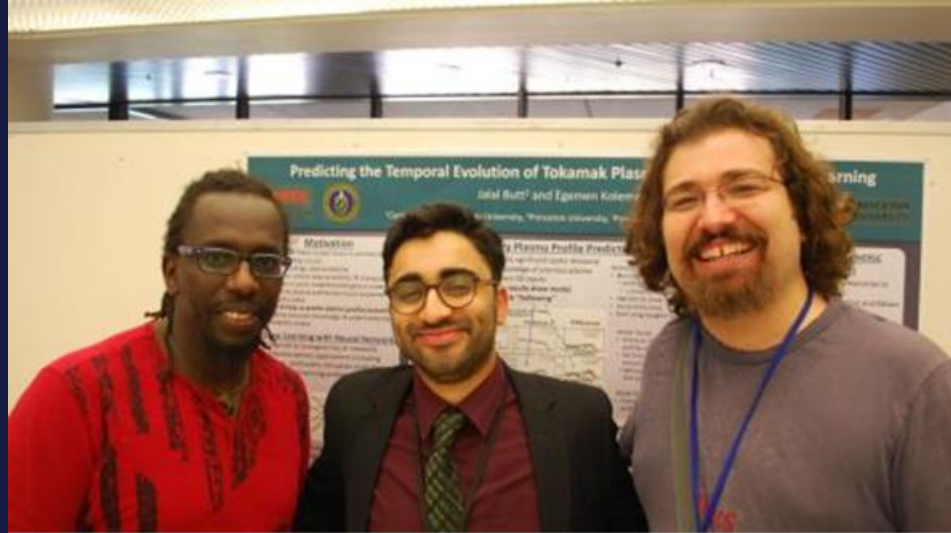
Enter Work Experience

Not Applicable/No relevant experience

- *Include paid and volunteer work experience*
 - *STEM internships or research experiences*
 - *Tutoring appointments*
 - *Teaching Assistantships*
 - *Mentoring*



Program Information



From left: **PPPL** physicist Ahmed Diallo, SULI student Jalal Butt, and PPPL physicist Egemen Kolemen. Photo by Raphael Rosen.

From <https://www.pppl.gov/news/press-releases/2018/08/undergraduate-students-extoll-benefits-national-laboratory-research>
Accessed 1/9/2019



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Program Information: DOE Laboratories and Research Area Selection

- Applicants must select a first-choice and second-choice laboratory to be considered for placement. These laboratories will conduct a merit review for consideration of a placement.
- Applicants are encouraged to review [laboratory websites](#).
- Assess the **Laboratory Selection Tool** to learn the success rates of eligible applicants by lab.
- **Double check your lab selections before submitting your application! WDTS is unable to switch your laboratory preferences.**

Helpful Tip: Contact technical staff at the national laboratories to learn more about their research. Don't be shy!

The screenshot displays the 'Program Information' section of the DOE Laboratory Selection Tool. It includes a 'Get Help With...' link. The main heading is 'Host DOE Laboratories and Research Areas Selection', followed by a paragraph of instructions. Below this, there are two main sections: 'First Choice Host DOE Laboratory' and 'Second Choice Host DOE Laboratory', both highlighted with red boxes. Each section contains a dropdown menu for the host laboratory and three dropdown menus for research areas (First, Second, and Third Choice). In the 'First Choice' section, the host is 'Oak Ridge National Laboratory (ORNL)', and the research areas are 'Analytical Chemistry', 'Cyber Security', and 'Quantum Engineering'. In the 'Second Choice' section, the host is 'National Renewable Energy Laboratory (NREL)', and the research areas are 'Cyber Security', 'Climate Sciences', and 'Engineering Materials'.

Program Information

[Get Help With...](#)

Host DOE Laboratories and Research Areas Selection

When selecting your first and second choice host DOE Laboratories, and your first, second, and third choice research areas, please carefully review the [R&D program area descriptions](#). Not all research opportunities are available at all DOE Laboratories. For further assistance in selecting DOE Laboratories, please see the [Laboratory Selection Tool](#).

First Choice Host DOE Laboratory

Oak Ridge National Laboratory (ORNL) ▼

First Choice Research Area

Analytical Chemistry ▼

Second Choice Research Area

Cyber Security ▼

Third Choice Research Area

Quantum Engineering ▼

Second Choice Host DOE Laboratory

National Renewable Energy Laboratory (NREL) ▼

First Choice Research Area

Cyber Security ▼

Second Choice Research Area

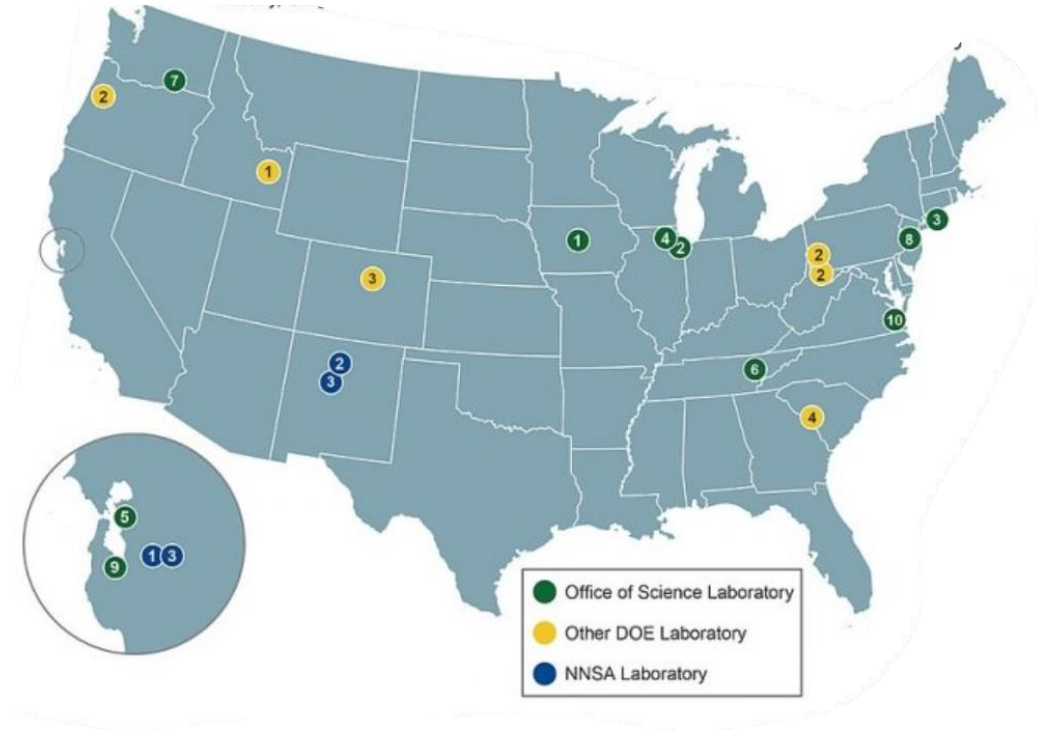
Climate Sciences ▼

Third Choice Research Area

Engineering Materials ▼

Summer 2026 Term: Participating Host DOE Laboratories

- Ames Laboratory
- Argonne National Laboratory
- Brookhaven National Laboratory
- Fermi National Accelerator Laboratory
- General Atomics/DIII-D Facility
- Idaho National Laboratory
- Lawrence Berkeley National Laboratory
- Lawrence Livermore National Laboratory
- Los Alamos National Laboratory
- National Energy Technology Laboratory
- National Renewable Energy Laboratory
- Oak Ridge National Laboratory
- Pacific Northwest National Laboratory
- Princeton Plasma Physics Laboratory
- Sandia National Laboratory CA
- Sandia National Laboratory NM
- Savannah River National Laboratory
- SLAC National Accelerator Laboratory
- Thomas Jefferson National Accelerator Facility



Helpful Tip: Review laboratory websites to learn about on-going research efforts. Do your homework to assist with completing the essay component of the application!

Program Information: Research Area Selection

Research Areas for SULI

Select The Research Areas for Your Laboratory:

1. Accelerator Physics/Science
2. Artificial Intelligence (AI)-Data Intensive
3. AI-Foundation Model Development/Enhancement
4. AI-Engineering Research to Enable AI Systems
5. AI-High Performance Computing
6. AI-Testing or Verification
7. AI Research in One or More Problem Domains
8. Analytical Chemistry
9. Astronomy/Astrophysics
10. Atomic, Molecular, and Optical Sciences
11. Biochemistry
12. Bioinformatics
13. Biophysics
14. Catalysis Science
15. Climate Sciences
16. Computational Biology
17. Computational Sciences
18. Computer Science and Technologies
19. Condensed Matter Physics
20. Cosmology
21. Cyber Security
22. Ecology
23. Engineering Aeronautical
24. Engineering Biological (nonmedical)
25. Engineering Chemical
26. Engineering Civil
27. Engineering Computer
28. Engineering Electrical
29. Engineering Environmental
30. Engineering Industrial
31. Engineering Materials
32. Engineering Mechanical
33. Engineering Mining
34. Engineering Nuclear
35. Engineering Operations/Systems
36. Engineering Optical
37. Engineering Petroleum
38. Engineering Power
39. Environmental Management
40. Environmental Sciences
41. Fusion Energy Science and Engineering
42. Fusion Energy Enabling Research and Development
43. Fusion Materials and Nuclear Science
44. Plasma and Fusion Science
45. Genetics/Genomics
46. Geochemistry
47. Geological Sciences
48. Geophysics
49. High Energy Physics
50. Information Sciences
51. Inorganic Chemistry
52. Materials Sciences
53. Mathematics
54. Molecular Biology
55. Nanoscience
56. Nanotechnology
57. Nuclear Chemistry
58. Nuclear Physics
59. Nuclear Science
60. Oceanography
61. Organic Chemistry
62. Particle Astrophysics
63. Physical Chemistry
64. Plasma and Fusion Sciences
65. Quantum Communication
66. Quantum Computing
67. Quantum Engineering
68. Quantum Information Science- Other
69. Quantum Materials
70. Quantum Sensing
71. Quantum Simulation
72. Renewable Energy Sciences and Technologies
73. Structural Biology
74. Theoretical Chemistry



Essays



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Essay 1: Research Experience

- **Describe all your prior research including paid and unpaid research opportunities**
- **Special projects**
- **Skills obtained during coursework count!**
- **Note:** Previous research experience is not required to apply for SULI!

Research Experience

Describe your previous research experience or equivalent experience on complex projects, including the level of independence, while working as a member of a research/project team.

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Essay 2: Research Interests

- Which labs are you interested in conducting research? How does your research interests align with the research areas of your preferred labs?
- Share extensive details about your research interests.
- Major problems/topics you want to focus on in your research.
- How does your research contribute to the field?

Essays

Research Interests

Describe the type(s) of research subjects or activities that interest you at your first and second choice host laboratories, and discuss any particular factors influencing your choice of host laboratories.

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Essay 3: Personal Experience

- **Share** personal experiences for choosing your field or research.
- **Think** of inspiration and life experiences, and how they've led to you applying to SULI.
- **Include** unique qualities which may influence your participation in SULI such as being a first-generation college student, non-traditional student, leadership skills, etc.
- **Describe** things which excite you about your field.
- **Address** any extenuating circumstances which may have had an impact on your academic performance.

Essays

Personal Experience

Describe your professional, academic, or life experience and skills you have that enhance your ability to be an excellent contributing member to the SULI Program.

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Essay 4: Professional Goals

- **How will the program advance your career and professional goals?**
- **What are your career interests?**
- **Do you plan to pursue a graduate degree?**
- **It's acceptable to mention that this program will help determine if a career in a national lab is right for you!**

Essays

Professional Goals

Describe your long-term academic and professional goals, and how participation in the SULI program could develop or expand skills required to achieve those goals.

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Letters of Recommendation



U.S. DEPARTMENT
of **ENERGY**

Office of
Science

[Energy.gov/science](https://energy.gov/science)

Guidance for Letters of Recommendation

- A completed SULI application requires recommendations from two individuals familiar with the applicant's education, training, experience, aptitude, or promise relevant to the SULI Program. **Note: Family and friends of family are not allowed to serve as authors of recommendations.**
- An applicant will be asked to provide contact information for individuals indicated in the online application system. **Applicants are encouraged to make the requests for recommendations as soon as possible.**
- Letter of reference must be submitted through the application portal by the application deadline or **5:00 p.m. Eastern Daylight Time on January 7, 2026.**

Helpful Tip: Ask letter writers may they compose a glowing letter pertaining to your STEM background ahead of the program deadline.

Resources To Assist With Application Components

- Application [checklist](#)
- Submitting [transcripts](#)
- Tips for preparing [essays](#)
- Requesting [letters of reference](#)
- FAQ's-<https://science.osti.gov/wdts/suli/Frequently-Asked-Questions>

Application Checklist

 U.S. DEPARTMENT OF ENERGY Office of Science		SULI Application Checklist Interested in applying to SULI but don't know where to start? Started an application but feeling overwhelmed? Follow this checklist and you'll finish your application in no time!
SELECT A HOST DOE LAB/FACILITY	1	Read overviews of each lab/facility.
	2	For each lab/facility you are interested in, explore ongoing research through the lab's website.
	3	Pick your top 1-2 labs/facilities!
	BONUS	Email 1 or 2 researchers to describe why you are interested in working with them and ask if they are taking interns through SULI.
ASK FOR RECOMMENDATIONS	1	Identify 2 or 3 people who can speak to your education and experience relevant to SULI. For example: current or former employers, professors, or teaching assistants.
	2	Ask these individuals for recommendations as soon as possible after starting your SULI application.
	3	Check the online application system to ensure the recommendations are submitted before the deadline.
	BONUS	Watch this YouTube video for more tips!
PREPARE YOUR ESSAYS	1	The 1st essay asks about your research experience - classroom projects and lab experience count!
	2	The 2nd essay asks for your research interests - use what you learned while picking your top host labs/ facilities to answer this question.
	3	The 3rd essay asks for your personal experience - share your skills or experience, outside of research, that are applicable to SULI. Think of your employment, academic, extracurricular, and life experiences, and how they've led to you applying to SULI today.
	4	The 4th essay asks for your professional goals - describe how you hope the SULI internship will advance your current academic or career goals. Figuring out whether you like research is a valid goal!
BONUS	Watch this YouTube video for more tips on writing the 4 essays!	
UPLOAD YOUR TRANSCRIPT(S)	1	Your current transcript plus the transcript from any school you attended as a postsecondary student in the last 5 years must be uploaded to the online application system .
	2	Your transcript(s) must have your name, school name, your cumulative GPA, and all course names and grades. You may add your name and school name electronically or in writing.
	3	Your birth date and social security number must NOT be visible on your transcript(s). Check every page and fully cover any instances of your birth date or social security number.
	BONUS	Watch this YouTube video for full instructions on what transcripts are required for a SULI application and how to upload them.



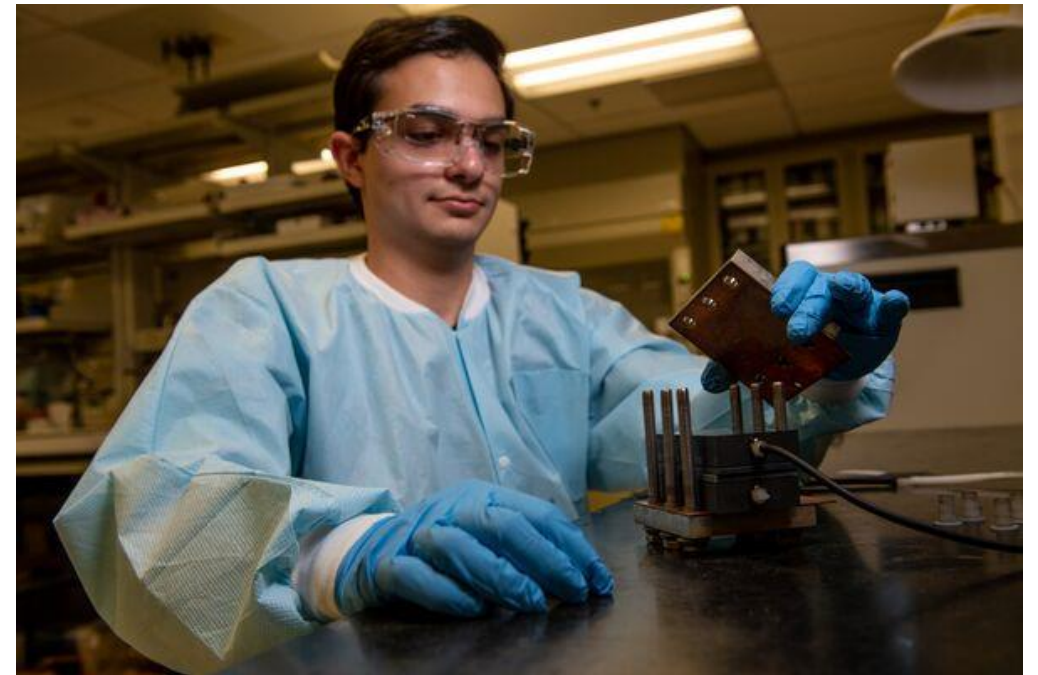
Selection and Notification

- **Eligibility and Compliance Check**-All applications must pass eligibility and compliance check.
- **Merit Review**- Assessment by first and second choice labs selected by the applicant.
 - Applications will be assessed based upon performance in completed academic coursework, strength of recommendations letters; expressed scientific or technical interests; and the applicant's background, experience, accomplishments, and interests as they relate to the host laboratories.
- **Notifications**-Offers made by a host Laboratory Education Director via e-mail. Applicant has 10 calendar days to respond to offer. **Only one offer will be extended to an applicant.**

All appointments are contingent upon proof of citizenship or citizenship status and the outcome of a formal background check.

Participant Obligations

- Commit to 16-weeks (40 hrs/week) in the program.
- Complete the placement on-site at the host DOE national lab.
- Maintain health insurance during the appointment.
- Complete deliverables by deadline
 - Pre-survey
 - Post-survey
 - Abstract
 - Research paper (6-8 pages)
 - Peer review
 - Oral presentation
- Maintain professional behavior.



Benefits to Participating in SULI

- Contribute to exciting, real world, innovative, ongoing projects in the DOE national laboratories.
- Build professional networks with scientist and engineers.
- Opportunity to establish a mentor.
- Enrichment opportunities through professional development and technical seminars.
- Enhance science communication skills.
- Decide if a career in research is right for you.
- Land a permanent position.

Join Us for SULI Alumni Panel Discussion and Virtual Office Hours!!

Workshop: Alumni Panel Discussion

Date: December 4, 2025, at 2:00 p.m. (ET)

Office Hours

Date: December 3, 10, & 17, 2025 at 2:00 to 3:00 pm (ET)

Who Can Attend?

- Applicants
- Letter of Recommendation Writers

More info including registration is available on the [SULI website](#).



Virtual Office Hours!



Thinking about applying for the Science Undergraduate Laboratory Internships (SULI) or the Community College Internships (CCI) programs?

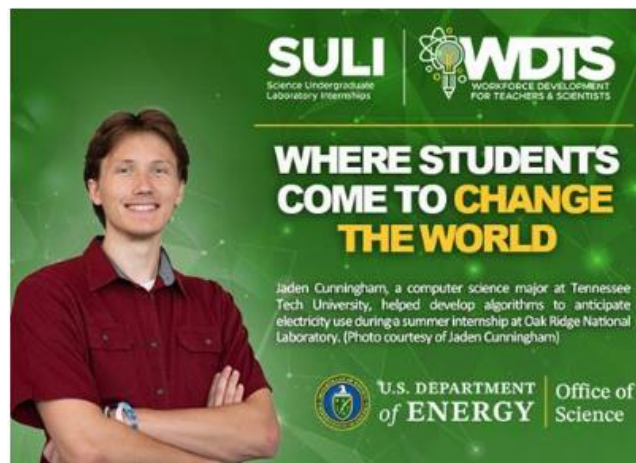
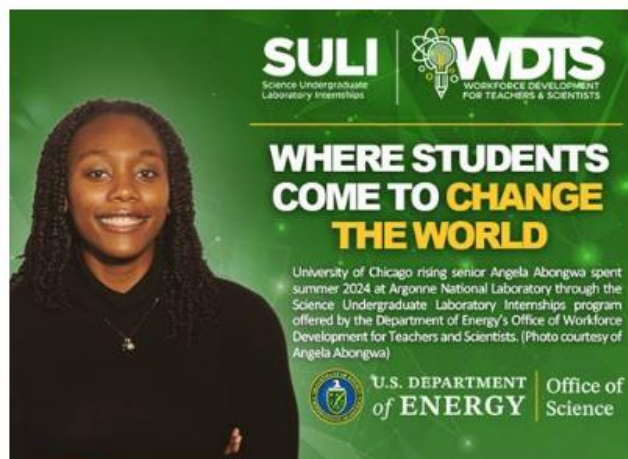
Got questions? Applicants and letter of recommendation writers are invited to attend office hours to answer administrative questions such as those pertaining to uploading transcripts, submitting letters of recommendation, and general inquiries.



**SUPPORTING THE
PREPARATION OF A
HIGHLY SKILLED FUTURE
WORKFORCE IN SCIENCE
AND TECHNOLOGY**



SULI Alumni Laboratory Story Series



Interested in learning more about SULI Alumni? Visit <https://science.osti.gov/wdts/WDTS-Lab-Stories-and-Participant-Spotlights>.

Don't forget!!

- **Application deadlines and requirements are firm, including receipt of recommendations (no exceptions!)**
- The application deadline is **January 7, 2026 at 5:00 p.m. ET.**
- Plan early. Submit your application ahead of the deadline.
- Contact your reference letter writers as soon as possible. It is the applicant's responsibility to ensure recommendations are submitted by the deadline.
- Do your research! Visit the DOE National Laboratories and host sites webpages to make a more informed decision about your lab preferences.
- Technical support for the online system is available during regular business hours.
- Only complete, compliant, and eligible applications are reviewed by self-selected first and second-choice labs.
- Only one offer will be extended to an applicant during an application period..
- Send us a message if you have questions. Contact sc.suli@science.doe.gov.



Connect with US.....

- After this session, e-mail us sc.suli@science.doe.gov if you have questions.
- Office of Science – Workforce Development for Teachers and Scientists on LinkedIn.

More info is available on the [SULI website](#) or scan the QR Code. →



WE'D LOVE TO
Connect
WITH YOU!



Thank you!

